



MY MEMORIES of us

These are my memories of: _____

They are loved by me because...

5 things we enjoyed doing together...

1: _____

2: _____

3: _____

4: _____

5: _____

Being together, I felt...

| List your feelings

My favourite picture of us...

| Attach your picture. If you don't have a photograph, draw your favourite memory in the space, below.

My favourite memory of us...

#loved



5 things I like about them...

| List qualities or features

1: _____

2: _____

3: _____

4: _____

5: _____



5 things I remember about them...

| Write what things you remember the most about them or it ... did they have a funny laugh?, what did they/it smell like?, dress or look like?, go crazy over or always say?

1: _____

2: _____

3: _____

4: _____

5: _____

Favourites...

| colour

| food

| activity

MY LOVE TOKEN

Do you have a token from your loved person, pet or thing? yes no

| It can be anything as long as it has meaning to you ... maybe it's a card, item or a special note, something you got together, made together or enjoyed together, perhaps a note, a song, a poem, a book or a picture.

Use this space to tape or stick any treasures you may have collected [making sure they are flat and light]. You can also draw them or write any special words you shared ... it's your space to highlight your memories of your loved somebody or something!

